



# Heart & Soul of D9350

February 2024 Edition 8



## District Governor's Monthly newsletter

### Message from DG Ann Wright



Dear Members

A highlight for any District Governor is the signing of a new club Charter and I was delighted to be present at the launch celebration of the Rotary Club of South Peninsula-Cape Town on the 28<sup>th</sup> February. See photos elsewhere.

I have completed all my scheduled club visits and would like to take this opportunity of thanking the Presidents and their members for the warm welcome extended to me. It has been both an honour and a privilege getting to know you all and learning about your projects and the hope that you are bringing to the people in your communities.

Thank you to my AG's who joined me and made sure that my visits were seamless, and my thanks to Freda from the District Office who was my very efficient liaison with the clubs.

In February we were reminded to think of LOVE (Valentine's Day) of PEACE Building and Conflict Prevention (Rotary monthly theme) and of course, the big CELEBRATION of Rotary's 119<sup>th</sup> birthday.

- If you are **loved**, did you pay it forward?
- If there is **peace in your heart**, in your home, in your club, is there peace in your community? Unless there is peace in our space we can't make a meaningful impact in the lives of others. Let's begin with ensuring that if there is any conflict in our clubs, it's addressed immediately. Finding a peaceful solution to disputes is essential for everyone's mental wellness. Listen to understand and recognise that each individual has a right to be heard and respected.
- I loved the different ways in which the **clubs celebrated Rotary's birthday**.
- Did you watch the 24 hour celebration, The Sun Never Sets in Rotary?
- Thank you to the Interact clubs who contributed to our 9350 slot.
- I was in awe of some of the mammoth projects undertaken in countries with whom we have little contact such as Turkey and Albania.

### Why are our good news stories not being told?

During my club visits I was overwhelmed by the projects some of the clubs are undertaking, These stories should be shared within our district and in the wider community, please. We can't expect to build our membership if our colleagues, neighbours and potential partners have no idea of the extraordinary work Rotarians do.

You don't know how to tell a good news story? Then please register for Conference NOW. You will be given tips and tricks to make your story stand out.

**There are four months left in this Rotary year.** Have you stepped out of your comfort zone? Have you grown this year, have you changed? As Rotarians we are encouraged to look forward, adapting as we go. How many lives can you change today? Pack a bag of smiles and share them wherever the road takes you. You still have time to make a huge impact in your community.

Have you reached your goals for this year? They can change and you can add more goals. Achieving a citation is the recognition of the hard work that members do throughout the year. Such as increasing membership, completing sustainable projects, giving to the Foundation. Please celebrate a completed goal. Benjamin May said, 'The tragedy of life doesn't lie in NOT achieving goals, the tragedy lies in having NO GOALS to reach'.

Please REGISTER NOW for DISCON 24 and book your accommodation. See details elsewhere.

As we come to the end of February please continue to keep the 110 million people worldwide who are currently displaced because of humanitarian crises in your thoughts. Our **Rotary theme in March is Water, Sanitation and Hygiene**, three of the essential services which are reduced, or non-existent in time of conflict and humanitarian crises.

**May Peace guide you and may the African sun always shine on you.**

*Ann*



# Heart & Soul of D9350



District Governor's Monthly newsletter

## NEWSLETTER HIGHLIGHTS

1. DG Ann Message
2. Did you KNOW?
3. DG Club Visits
4. RI Birthday Celebrations
5. Club News
6. New Club Members
7. DisCon 2024
8. Save these dates
9. Snippets
10. February is: Peace and Conflict Resolution and Prevention Month
11. Rotary's Vision Statement

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### Rotary and the United Nations

Rotary was present at the start of the United Nations in 1945.

Rotary International was one of 42 organizations invited to serve as consultants to the U.S. delegation to the United Nations Conference on International Organization in San Francisco, California, USA (commonly called the UN Charter Conference).

Additionally, many Rotary members and honorary members from around the world attended the conference as members of and consultants to their nations' delegations.

Rotary and the United Nations remain committed to creating lasting change that enhance international relations, improves lives and communities, and creates a more peaceful world.

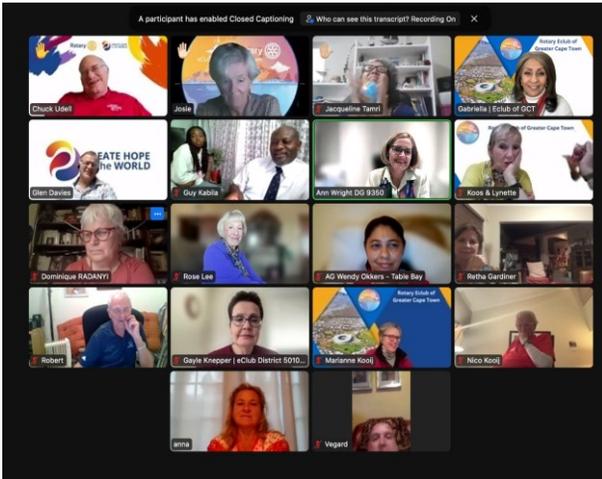
Today, Rotary International holds the highest consultative status offered to a nongovernmental organization by the UN's Economic and Social Council (UNESCO).

The Rotary Representative Network, established in 1991, maintains and furthers this relationship with several UN bodies, program, commissions, and agencies.



## DG CLUB VISITS

### RC ECLUB



The eClub of Greater Cape Town meets via zoom on a Tuesday evening.

### RC WORCESTER



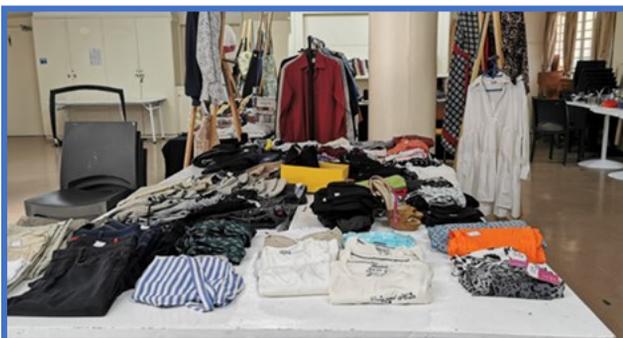
Worcester Rotarians David and Lorna Read opened their art gallery for the DGs visit and club meeting.



Visit to Kaboutertjie ECD. PDG Lynette and PP Retha, DG Ann with the school Principal Joan Booysen.



President Stephné and AG Jeanette hijacked the Gallery bar to serve DG Ann.



SIDE BY SIDE sewing project to give previously incarcerated women (and 1 man) hope through making beautiful products and earn a living. E-club is actively supported by District Grant and RC Kirstenbosch support.



## What does KINDNESS mean to you?

- ❖ What words or actions pop into your mind when you think of kindness?
- ❖ How did you feel when you witnessed an act of kindness?
- ❖ How did you feel when someone was kind to you?
- ❖ Think of the last act of kindness that you did and what words crossed your mind?
- ❖ Could you do or say something kind every day?
- ❖ Be kind. Change the world.

## DG VISITS

### RC NOON GUN



RC Noon Gun has a fabulous roof top meeting venue in the CBD.



President Zikhona, Deryn, Jackie and DG Ann visiting their project at the Siyakhula Educare Centre in Gugulethu.

## RI CELEBRATES 119 YEARS OF SERVICE



### RC PINELANDS



President Mike and Freda cutting the Rotary birthday cake during the evening celebration.

### RC LANGEBAAN



Langebaan celebrated Rotary's birthday with a Pizza Pool Party.

### RC WATERFRONT



Captain Mymoena with Aldermen James Vos.

### RC STANFORD



Stanford members celebrating at our Sunset Market. We even had candles and cupcakes! Ticket purchasers received a chocolate. This is our entire team, except for one member who wasn't present.

Ah, kindness.  
What a simple way to tell  
another struggling soul  
that there is love to be  
found in this world.





## CLUB NEWS

### LAUNCH OF NEWLY CHARTERED RC South Peninsula-Cape Town

Clovelly Golf Club  
28 February 2024



PDG David and President Jane.



AG Lisa, President Jane and DG Ann.



President Jane celebrating with family members.



Rotarians and friends.



Charter members in their new t-shirts with DG Ann, Alderman Felicity Purchase, Alderman Simon Liel- Cock. Some members were not able to attend.



MC for the evening was President Ray from RC Cape of Good Hope.



Rotarians and guests.



Rotarians and guests.

## CLUB NEWS

### RC MELKBOS



Melkbos Rotary donated a Pink Rescue Buoy to the NSRI. Rotarians Frankie, Maryna, and June with NSRI Gerrie Niemand.

### RC TABLE BAY



The Rotary Club of Table Bay partnered with Buren High School's Interact Club to do a clean-up at Village Todds Early Learning Centre.

### LEADERSHIP TRAINING WEEKEND



Thanks DGE Stephen and Goedgedacht Trust in Riebeeck Kasteel for a great leadership training weekend.



The group managed to clear out the Store Room, fell the trees, and clear the gardens of unwanted debris. Thank you to all who assisted. It was a successful morning's work.

### INTERACT CLUB OF KNYSNA



The Rotary Club of Knysna held a training day with their Interact clubs.

### RC GOODWOOD



A much loved PP Johnny van Niekerk has passed on. He was a passionate Rotarian who served the Goodwood RC with distinction for 44 years. We extend our sincere condolences to his family and all his friends in Rotary.

## CLUB NEWS

### RC AM KAP

#### GARDEN FEST FUNDRAISER

In spite of intermittent rain, the AM KAP Garden Fest fundraiser went ahead. Great to see other clubs supporting them.



DG Ann, Carolyn from Hout Bay, AG Justin from Wynberg.

### Rotary Youth Exchange



Our group of outward bound Youth Exchange students recently attended a reunion session and their feedback was that it was an experience of a life time.



DG Ann with Tabisa from Noon Gun

### RC LUANDA



RC Luanda entertaining children at an orphanage

### RC TABLEBAY



Interact training workshop.



# NEW CLUB MEMBERS

## RC NOON GUN



DG Ann, Deryn Weaver and President Zikhona.

## RC HELDERBERG SUNRISE



President Jo, DG Ann, new member Salome Hanke, Rtn Carola, new member Hennie van Heerden, and PDG Graham.

## RC PAARL



Induction of new Paarl member, Darron Moore with Pres Marita and Marlo Laubscher.

## RC AM KAP



Welcome to Angela Spanaus from RC Am Kap.

## RC CLUB DURBANVILLE



New members, Eugene Balie, Mel & Mike Downey and Paul Avenant.



## How do you see HOPE?

In our town there are so many people who have hopeless lives.

Hope is creating a space for them to understand there is a future for them and that their children can go to university and they can put food on their tables.



Heloise Beukes  
RC Worcester



# DisCon 2024

Hosted by the George Rotary Club

The Garden Route Welcomes You to our Eden in Africa



Register for Conference using Club Runner below.



## JOIN US FOR **DISCON** **2024**

**APRIL 2024**  
18TH, 19TH & 20TH



**PROGRAM**  
FULL PROGRAM TO FOLLOW



**THE DIAZ HOTEL AND  
RESORT MOSSEL BAY**



1 BEACH EAST BOULEVARD, DIE VOOR BAY

## WHAT TO EXPECT

### • Thursday

- Golf Fundraising Event
  - Golf at the world-renowned Pinnacle Point Golf Course for those who enjoy a round of golf. Set on a cliff top with 270-degree Indian Ocean views, this course is a spectacular masterpiece, not to mention the great prizes that will be up for the winning.
- Check-in at The Diaz Hotel. You can park your car; you won't need it again for the duration of the conference.
- Meet and Greet: Come network and socialize whilst enjoying stunning snacks in the Bahai Lounge.

### • Friday

- **Day 1 Assembly** - Learn about the Magic of Rotary, doing things differently, interesting speakers, and thought-provoking topics. Then, we will have a scrumptious lunch and finish off the Assembly program back in the conference hall.
- Late afternoon activities to choose from:
  - Beach walk with the Mossel Bay Run/Walk For Life team, **or**
  - Iconic Cocktail Workshop - Try your hand at making Cocktails or Mocktails like Piña Colodas, Margaritas and more, **or**
  - Coffee Barista Workshop - A hands-on workshop that includes various techniques and latte art. Practice makes perfect.
- Evening Activity
  - Craft Liquor Tasting Experience - Whether you prefer alcoholic or non-alcoholic wine, beer, or gin, there's something for everyone, and of course, there will be plenty to eat!

### • Saturday

- **Day 2 Conference** - Exceptional Speakers, District success stories, Awards, surprises and more after another delicious lunch.
- Gala Dinner Evening
  - Dress smart with a splash of colour! Enjoy a cordon bleu plated dinner from Diaz's prize-winning chef and musical interludes by saxophonists, violinists, and more.
  - Entertaining addresses by Rotarian VIPs.
  - Handover Chain of Office and The District Awards.
  - Then dance the night away with Davey Mack, playing our boomer music!

**DISCON 2024 IS NOT TO BE MISSED!**  
**BOOK YOUR SEAT AND BED.**  
**REGISTER TODAY!**

THE ROTARY CLUB OF GEORGE  
LOOKS FORWARD TO WELCOMING  
YOU ALL IN APRIL 2024!



For more information, go to  
[www.rotary9350.co.za](http://www.rotary9350.co.za)

[CLICK HERE TO REGISTER](#)

# DISTRICT 9350 CONFERENCE

**Our conference is fast approaching, and we have an exciting program coming up!**

If you have not yet registered - please go to the website [www.rotary9350.co.za](http://www.rotary9350.co.za) and click on the conference bar at the top!

Golfers there is an opportunity to play at Pinnacle Point on the Thursday - **see the brochure below.**

And we have an exciting competition - **Name The Whale!**

Whether you are attending or not - please enter the competition and encourage all members to enter as well. Details and how to enter in the attached brochure.

**We look forward to seeing you in Mossel Bay in April!**



Rotary International - District 9350  
Angola - Namibia - South Africa  
(SA) NPO Reg. No. 003-364

Rotary District 9350  
District Conference 2024  
Mossel Bay 19 to 20 April

**DisCon 2024**  
Hosted by the George Rotary Club

The Garden Route Welcomes You to our Eden in Africa

Register for Conference using Club Runner below.

CREATE HOPE in the WORLD

**ROTARY DISCON24  
FUND RAISER AT  
PINNACLE POINT  
GOLF COURSE**

Open to all Rotarians, partners, guests and visitors, affiliated to a club or not.

**COST: R900 per player**  
(incl prizegiving snacks, green & cart fees.)

**1st prize: A 4-ball at Leopard Creek to the value of R30 000**  
(cart & fees incl)

**THURSDAY  
18TH APRIL  
2024**

**SHOTGUN START AT  
11AM - 4 BALL ALLIANCE.  
Play any of the  
4 courses**

REGISTRATION: Visit [www.rotary9350.co.za](http://www.rotary9350.co.za), complete the registration form and we will be in touch with confirmation and detail.

Entry fee payable to Rotary Discon24 at Nedbank, Branch Code: 198765; Account Number: 9023328697; Type Savings (Not all Banks ask this question); Reference: Your Name Golf



**Deadline extended to 6 March 2024**

**NAME THE DISCON 2024 WHALE**  
**COMPETITION**

**DISCON 2024**

Our DisCon 2024 Whale still needs a name!  
Stand a chance to win an awesome prize.

Enter now by sending your name, surname and club name, plus your whale name suggestions to [discon24george@gmail.com](mailto:discon24george@gmail.com)

**Terms and Conditions:**  
Enter as many times as you like before the closing date of 1 March 2024.  
Entrants must be registered as a Rotarian or a Guest for at least ONE of the Discon 2024 organised events.

**Enter Now!**

DISCON 2024 IS NOT TO BE MISSED!  
BOOK YOUR SEAT AND BED.  
REGISTER TODAY!

THE ROTARY CLUB OF GEORGE LOOKS FORWARD TO WELCOMING YOU ALL IN APRIL 2024!

For more information, go to [www.rotary9350.co.za](http://www.rotary9350.co.za)



**What is Leadership?**

People think it is telling people what to do.

But its really about integrity, empathy, casting a vision, praising your team, listening first and speaking last.

**SAVE THESE DATES!**

**WHAT'S  
HAPPENING**

CT Cycle Tour

D9350 Food Garden Webinar

Mar 6, 2024

5:00 pm – 6:00 pm

Race Night (Horse Racing)

Mar 22, 2024

6:30 pm – 11:00 pm

DisCon 2024 - Golf Day

Pinnacle Point Estate

Apr 18, 2024 11:00 am

DisCon 2024 - Meet & Greet

Diaz Hotel and Resort

Apr 18, 2024 6:30 pm

District Assembly 2024

Diaz Hotel and Resort

Apr 19, 2024

8:30 am – 4:00 pm

DisCon 2024

Diaz Hotel and Resort

Apr 20, 2024

8:00 am – 5:00 pm

DisCon 2024 - DG's Gala Dinner

Diaz Hotel and Resort

Apr 20, 2024 7:30 pm

D9350 Food Garden Webinar

Apr 24, 2024

5:00 pm – 6:00 pm

Stellenbosch Rotary Club Golf Day

Stellenbosch Golf Club

Apr 25, 2024

8:00 am – 6:00 pm

D9350 Food Garden Webinar

Jun 26, 2024

5:00 pm – 6:00 pm



6 March  
2024  
17h00



**Rotary**  
District 9350

**FOOD GARDENS  
Webinar**



**Successful Home  
and Container  
Gardening**



Time: Mar 6, 2024 17:00  
**Join us on Zoom:**

**CLICK HERE**

Meeting ID: 827 7481 6444  
Passcode: 516393





For further information contact  
Anton Lubbe: [lubbea@mweb.co.za](mailto:lubbea@mweb.co.za)





**CAPE TOWN CYCLE TOUR**  
ROTARY • PEDAL POWER ASSOCIATION

**10 MARCH 2024**

The Cape Town Cycle Tour Trust is a registered Public Benefit Organisation and is managed by twelve trustees, six each representing the interests of the Pedal Power Association and the Rotary Club of Claremont, and a highly experienced team of event professionals and cycling enthusiasts.

The Rotary Club of Claremont uses its share of the proceeds across numerous projects that improve the lives of those in need in the local community.

It involves youth development, hospital funding, early development programmes, sports development, tackling homelessness, disabled sports and a whole lot more.

Contact David Holtzhausen for further information on volunteer participation: [davidho.yebo.co.za@clubrunner](mailto:davidho.yebo.co.za@clubrunner)

**Rotary**  
PEOPLE OF ACTION

## SNIPPETS

# We are hiring

We are looking for volunteer mentors to join our 2024 mentorship programme.

Are you willing to mentor a Grade 10 Life Choices learner?

### What is required from you and how much time will it take?

- Complete the mentorship profile - 1 hour
- Attend mentorship training - 2 hours
- Meet your mentee at an ice-breaker - 1 hour
- Have your first meeting with your mentee after the ice-breaker - 1 hour
- Complete the mentorship report at your first meeting - 30 minutes
- Meet 8 times with your mentee. Once a month for at least 1 hour, complete the mentorship report at the meeting - 30 minutes
- Complete on-line survey at the end of November 15 minutes
- Attend close out of mentorship programme - 2 hours

Training and resources are provided



For more Information Contact:

Monique Stuart-Fox  
Cell: 0810108155  
Moniquestuartfox@gmail.com



"🌟Join the fight against polio with us! Did you know that just last month, a new case of polio was reported in Zimbabwe, and an environmental sample tested positive in Angola? ❤️ This is a stark reminder that our battle against polio is far from over. 🙌 Every donation to PolioPlus brings us one step closer to a polio-free world, and remember, for every \$1 invested in PolioPlus, the Bill & Melinda Gates matches our contribution 2:1. Further, each dollar invested in polio eradication generates a \$39 return! Let's make history together - donate today and be a part of the solution! 🙏 #EndPolio #Rotary #PolioPlus"

Janey Ball  
POLIOPLUS CHAIR  
ROTARY INTERNATIONAL  
DISTRICT 9350

Angola | Namibia | South Africa  
Mobile | WhatsApp | +27 82 378 7800  
Email | [janey@iafrica.com](mailto:janey@iafrica.com)

"Together we can make poliomyelitis a thing of the past. Whatever we donate, the Bill & Melinda Gates Foundation will double, so our support goes three times as far to protect children from the threat of polio. Any new case may be the last one but surveillance, testing and immunisations must continue." Reg Ling, End Polio Now Coordinator, Chief Information Officer.



We encourage all club members to visit Rotary District 9350 Facebook page. Please post comments on the DISCON video clips.

[#rotarydistrict9350](https://www.facebook.com/rotarydistrict9350)

FEBRUARY



**ROTARY CREATES ENVIRONMENTS OF PEACE**

As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in their communities, that change can have a global effect.

By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

**Peace and Conflict Resolution Prevention Month**

**ROTARY PROMOTES PEACE**



Doing Good In The World



**Invitation**

Digital mini seminar on Zoom:

**CREATE HOPE IN THE WORLD WITH ROTARY PEACE CENTERS**

March 19, 2024 at 18:00 CET Amsterdam, Berlin, Rome, Stockholm, Vienna

The room opens 17.40.

Link to the seminar: [CLICK HERE](#)

Members must pre register by email to: [Ingrid.berget@gmail.com](mailto:Ingrid.berget@gmail.com)

This seminar is meant for everyone interested in Rotary's Peace Centers. We will spotlight enthusiastic and knowledgeable Rotary leaders, donors, Peace Fellows, and staff.

You will among others meet:

**Chair of the Trustees Barry Rassin.**

**Dr. Simona Pinton**, Vice Chair, Rotary Peace Centers Committee

**Dr. Ayça Demet Atay**, Rotary Peace Fellow Alumnus

**David Gibson-Moore**, a skilled Rotarian.

**Espen Malmberg**, Manager, Philanthropy and Grants,

**Peacebuilding and Conflict Prevention Month**

The underlying cause of conflict is often the unequal distribution of resources. If we undertake projects covering our 7 Areas of Focus this should go a long way in addressing the issues in our communities.

But let's also consider the **conflicts that arise at club level** which is of major concern as it's affecting our membership. Surveys undertaken are indicating that valuable members are leaving because they don't appreciate the conflict, bullying and cliques that are destroying the soul of their clubs.

**There is a golden rule:** *Treat others the way you wish to be treated.*

Let's accept that we are all volunteers from diverse backgrounds, each with our own unique way of doing things. Let's support members so that they feel confident and valued. Accept that things have to change. We have an excellent team of mediators who are available to be guest speakers and who will mediate in conflicts. There is no shame in mediation, but there is shame if you do nothing about it.

Please contact Siham Boda from RC Waterfront – [sihamboda@gmail.com](mailto:sihamboda@gmail.com)



# Heart & Soul of D9350

CREATE HOPE  
in the WORLD



District Governor's Monthly newsletter



## ROTARY'S VISION STATEMENT

**TOGETHER** WE SEE A WORLD  
WHERE **PEOPLE** UNITE AND TAKE  
ACTION TO **CREATE** LASTING  
**CHANGE** ACROSS THE GLOBE  
IN OUR COMMUNITITES AND IN OURSELVES

TAKE ACTION: [www.rotary9350.co.za](http://www.rotary9350.co.za)

TOGETHER, WE

**CONNECT**

Rotary  PEOPLE IN ACTION

TAKE ACTION: [www.rotary9350.co.za](http://www.rotary9350.co.za)