

Heart & Soul of D9350

March 2024 Edition 9

District Governor's Monthly newsletter



Message from DG Ann Wright

Dear Members

I would like to extend my congratulations to AG Pam Rawbone (Bellville RC) who has stepped into the role of DGN 2025/26 at short notice.

Congratulations to Anton Lubbe (Helderberg Sunrise) for accepting the role of DGND for 2026/27. I am sure you join me in wishing them both well as they embark on this exciting journey and a new chapter in their Rotary lives.

President Gordon's visionary **Tour of Hope to six African countries** included a visit to South Africa. He met with various Rotary and community leaders in Johannesburg over the Human Rights weekend where he also attended a formal lunch at the Wanderers club.

Each DG was given a 2minute slot to chat about their district and we each had to present a video clip of our projects on Food Security. Thank you to Anton Lubbe and his team for putting together a wonderful clip.

Later RIP Gordon unveiled a state-of-the-Art Aquaponics Training Centre at the Nederduitsch Hervormde Kerk in Randburg. This project is a collaboration between D9400, Fresh Ministries and the Desmond Tutu Programme to End Global Hunger. He visited the Hartebeespoort club where he saw a Vulture rehabilitation Centre, a school for children with autism and an Interact Club. His last night was spent at Sandton Square where he spotted the giant statue of Nelson Mandela and the new, smaller version which Rotary 9400 commissioned so that the sight-impaired visitors could experience the statue through touch.

The three South African DGs were privileged to spend time with RI President Gordon and his wife, Heather. He is an inspirational leader, empathetic and humble. His passion and energy levels are extraordinary and I am so proud to have served my term as a DG under his leadership. He is an avid rugby fan and a huge supporter of the Springboks, but off the discussion board was the game between Scotland and the Springboks!

He told moving stories of how TRF funds had changed lives of young people in Mongolia, Argentina and Pakistan. Not many dry eyes were seen in the audience.

'March Madness' usually refers to the NCAA tournament in the USA, but during this month I had the feeling that some of our clubs were enjoying their own bit of March Madness with all that was happening; every club has its own special story, every project has a special meaning. **What is your story? How did you Create Hope in the World?** Everyone attending conference on Saturday 20 April make sure you have a special story up your sleeve because you will learn how to use it in social media and in print media!

My DG visits have been completed. Thank you for your hospitality and kindness. I loved connecting with our Rotarians and clubs and seeing the commitment to projects and meetings. Please continue inviting me to your projects and events.

Thank you for every project you do, every hour donated in time and every Rand you donate. You are Creating Hope in the World somewhere for a child, for someone facing a challenge.

My hope is that you packed March with joyful service to others, as well as some special times with your family and friends. Remember, "Service Above Self," applies to our families and homes as well.

To those celebrating special events in March and April, I hope you receive a basketful of JOY, and FUN as you take time to reflect and spend time with loved ones.

Can't wait to see you all at DISCON24

Ann

"I can promise you that women working together - linked, informed and educated - can bring peace and prosperity to this forsaken planet." - Isabel Allende

Heart & Soul of D9350



District Governor's Monthly newsletter

NEWSLETTER HIGHLIGHTS

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3. Discon 2024 - UPDATE
4. ICC 9350 Agreement with Austria
5. RI President Gordon's African Tour of Hope
6. Club News
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12. Enhance your role with public image courses
13. March is: Water, Sanitation and Hygiene Month
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Chesley R. Perry: Rotary's first general secretary

Chesley Reynolds Perry, a Spanish-American war veteran and former Chicago Public Library employee, played a pivotal role in shaping Rotary International.

Serving as Rotary's first secretary, Perry is known as "the builder of Rotary International".

Initially appointed in 1910, Perry's part-time role evolved into a full-time executive position by 1912, overseeing the association's growth from 16 clubs in the US to over 5 000 worldwide.

Perry established Rotary's first headquarters in Chicago, Illinois, and expanded its global presence by opening the first international office in Zurich, Switzerland, in 1925.

Despite announcing his retirement plans in 1940, Perry remained in office until 1942-43, training his successor, Philip C. Lovejoy.

Declining nominations for the role of RI President, Perry retired in 1943 but continued his leadership by serving as the president of the Rotary Club of Chicago in 1944-45.





DISTRICT 9350 CONFERENCE

**DISCON 24 hosted by RC George in Mossel Bay 19-20 April.
And 18 April for golfers**



Thank you to the Rotarians who have registered for DISCON24. You will leave Mossel Bay refreshed and energised with a renewed passion for the endless hours of planning and service which you deliver and which brings so much hope to your communities.

Who will be your inspiration and motivator to continue your Rotary journey?

On Friday it could be: Andre du Toit – The Magic of Change;

Ken Mugisha – How to grow Rotary, the Ugandan Experience or Prof Jonathan Jansen – Why Rotary Matters.

On Saturday it could be someone who has never presented to D9350 Rotary before:

RI Presidential Rep Phil Dyer (UK) – PI and the art of Story Telling, Dr Carrie Minnaar (JHB) Oncologic Hyperthermia Specialist and Mandy Muchnick – a mental well-being champion. Both young ladies are dynamic and award winners in their fields.

Of course, there will be awards and project presentations that will take your breath away. You will interact with members from Angola, Namibia and South Africa and they will become your new best friends. Bring your business cards to stay in touch. Bring your note book to record all the brilliant ideas. Bring your credit card to shop at the District store and bring loads of R5 coins to have fun at the Kiss Polio Goodbye table.

Bring your smile for the candid camera and don't forget to bring loads of energy to enjoy the entertainment.

And **YES**, you still have a few days left in which to register for accommodation at the DIAZ Hotel (or your choice), for Conference and for the entertainment. BUT **please do so NOW** as it will make the organisers life that much easier as they aim to deliver a world class experience.

[REGISTER HERE](#)

Thank you

ROTARIANS

Your

volunteer hours are
the heartbeat of the
communities you
serve.

ICC 9350 AGREEMENT WITH AUSTRIA.

AG Elisabeth Walters from Salzburg RC was in the Cape recently and presented DG with the original copy of the ICC 9350 agreement with Austria.





DisCon 2024

Hosted by the George Rotary Club

The Garden Route Welcomes You to our Eden in Africa



Register for Conference using Club Runner below.



JOIN US FOR DISCON 2024

APRIL 2024
18TH, 19TH & 20TH



PROGRAM
FULL PROGRAM TO FOLLOW



**THE DIAZ HOTEL AND
RESORT MOSSEL BAY**

1 BEACH EAST BOULEVARD, DIE VOOR BAY



WHAT TO EXPECT

• Thursday

- Golf Fundraising Event
 - Golf at the world-renowned Pinnacle Point Golf Course for those who enjoy a round of golf. Set on a clifftop with 270-degree Indian Ocean views, this course is a spectacular masterpiece, not to mention the great prizes that will be up for the winning.
- Check-in at The Diaz Hotel. You can park your car; you won't need it again for the duration of the conference.
- Meet and Greet: Come network and socialize whilst enjoying stunning snacks in the Bahai Lounge.

• Friday

- **Day 1 Assembly** - Learn about the Magic of Rotary, doing things differently, interesting speakers, and thought-provoking topics. Then, we will have a scrumptious lunch and finish off the Assembly program back in the conference hall.
- Late afternoon activities to choose from:
 - Beach walk with the Mossel Bay Run/Walk For Life team, **or**
 - Iconic Cocktail Workshop - Try your hand at making Cocktails or Mocktails like Piña Coladas, Margaritas and more, **or**
 - Coffee Barista Workshop - A hands-on workshop that includes various techniques and latte art. Practice makes perfect.
- Evening Activity
 - Craft Liquor Tasting Experience - Whether you prefer alcoholic or non-alcoholic wine, beer, or gin, there's something for everyone, and of course, there will be plenty to eat!

• Saturday

- **Day 2 Conference** - Exceptional Speakers, District success stories, Awards, surprises and more after another delicious lunch.
- Gala Dinner Evening
 - Dress smart with a splash of colour! Enjoy a cordon bleu plated dinner from Diaz's prize-winning chef and musical interludes by saxophonists, violinists, and more.
 - Entertaining addresses by Rotarian VIPs.
 - Handover Chain of Office and The District Awards.
 - Then dance the night away with Davey Mack, playing our boomer music!

DISCON 2024 IS NOT TO BE MISSED!
BOOK YOUR SEAT AND BED.
REGISTER TODAY!

THE ROTARY CLUB OF GEORGE
LOOKS FORWARD TO WELCOMING
YOU ALL IN APRIL 2024!



For more information, go to
www.rotary9350.co.za

[CLICK HERE TO REGISTER](#)

DISTRICT NEWS

PRESIDENT GORDON'S AFRICAN TOUR OF HOPE.



RIP Gordon and his wife Heather, admiring the miniature Mandela statue.



Dave Wright, DG Ann Wright, DG Riana Pretorius (9400), RIP Gordon McNally, Heather McNally, DG Jacques Venter, Linda Venter



DG Ann at the podium



Dave Wright inspecting the plants.



RIP Gordon address in NG Kerk.



The RIP being escorted by a Scottish piper.



Botswana Rotarians with DG Ann

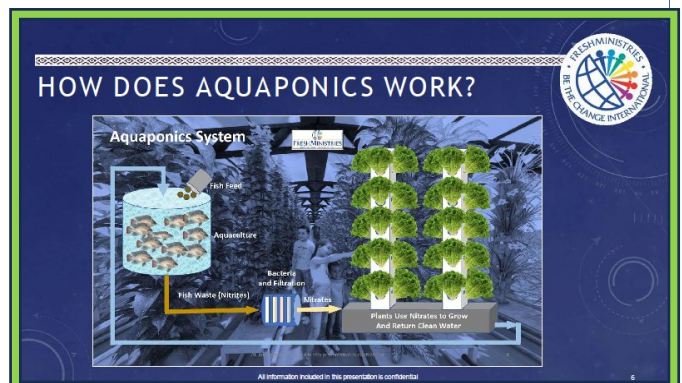


The Rev. Dr Robert V. Lee 111 Chairman and CEO FreshMinistries with RIP Gordon.

The opening of the Aquaponics.



DG Riana Pretorius (9400), Rev. Dr Robert Lee 111, RIP Gordon McNally, PDG Annemarie Mostert (9400), Heather McNally.



CLUB NEWS

RC CLAREMONT

Our very own Abby has just been recognized as an AWARD-WINNING global grant scholar! Abby clinched 2nd place in the prestigious Public Health Innovations competition at the World Technology Forum. Huge congratulations, Abby – we're bursting with pride! Your dedication and innovation shine bright, and we're honored to have you as part of our team. They have extended her stay so Abby can complete her PhD. Keep inspiring us all.



RC CLAREMONT



Rotarian Jo Maxwell said: There is nothing more rewarding than laughing, joking and having fun with the elderly as Liz and I handed out R100 gift vouchers to 80 SASSA pensioners at Pick 'n Pay.

RC TYGERBERG



Tygerberg RC had a speaker evening. Mark Wilkinson gave a talk on the proposed Winelands Airport. The evening was well attended and they had 108 people attend. Thank you to Bellville and Durbanville RC's for your support.

RC KNYSNA

Rotary Club of Knysna's new Honorary Rotarians

Members of the Rotary Club of Knysna gathered for breakfast at Issequena Heights Boutique Hotel to pay tribute to three longstanding Rotarians who recently stepped down from the club. Ian Uys, John Satchel and Elwin Thompson were awarded Honorary Rotarian status in recognition of their many years of outstanding service to Rotary.



RC Knysna President Herb Hunter with Ian Uys, Elwin Thompson and John Satchel.

RC GOODWOOD/INTERACT CLUB



Goodwood Rotary Club are very proud of their Interact club at Edgemead High. The current teacher in charge is a past member of the club. The Interactors invited DG Ann to attend one of their meetings where they gave an insight into the incredible work they do.



CLUB NEWS

RC MELKBOS AND BLOUBERG

Melkbos and Blouberg Rotarians welcomed KZN Rotarians, who had cycled 900kms in 8 days to reach Cape Town in time for the CTCT Race. They raised around R200,000 to fund 2 projects, and they generously donated R5000 to the welcoming clubs for a combined project.



The cyclists stopped at the Table Mountain Frame in Blouberg but the mountain was hidden.



RC KIRSENBOSCH



President Graham Buccholtz.

RC CLAREMONT



President Ruvi Moyo, CT Mayor Gordin Hill-Lewis and Tsie Mogoje.

RC PINELANDS



Pinelands Rotarian Marcus Karlein completed the cycle race.



Marshalling at the Bike Park. Peter Sharples, Tatenda Fudzichena (Frank's nephew), Velma Jansen and Frank Matose.



57 Learners representing 27 schools from across the Peninsula completed a very successful RYLA camp. Under the superb leadership of Rtn Ethan and the team of Rotaract and Rotary facilitators, an active weekend of activities took place in the beautiful Franschhoek mountains – with its usual change from beautiful, hot and sunny days to cool and rainy weather over the weekend.



Learners thoroughly enjoyed the weekend and many did not want the weekend to finish – although a number of them will be returning as team leaders in September.

A huge shout out to the 13 Rotary clubs who sponsored learners to this camp, to the Rotarians, Rotaractors and friends of Rotary who attended the camp as facilitators (Rotaract Bellville, Wynberg and Claremont members and prospective members were present). Without this support the camp would not be possible.

We look forward to seeing everyone again in September!

WELCOME NEW MEMBERS

RC BELLVILLE



Welcome to Rotary Bellville Xolani Mhlongo and to Gabriella Lamour who is their current Rotaract President.

RC FRANSCHHOEK AND DRAKENSTEIN



Mary Maatouk, David Anderson, Dirk Cupido, Rowan Smith.

RC SOMERSET WEST



A big welcome to new Somerset West Rotarians: Rory Sterley, Brody Moodie and Jamie Schoeman.

RC PAARL



New member for Paarl, Patrick Klaasen. Proposed by Bryan Anderson with President Marita.

RC CLAREMONT



AG Bev, new member Roy Hamlyn, Pres Ruvi and Lynn Hamlyn.

RC BLOUBERG



Ivar and his wife Judy

The Rotary Club of Blouberg mourns the loss of an outstanding Rotarian and much-loved member of the community – Ivar Drewienka. A memorial service was held at the Milnerton Golf Club on Tuesday 12th March.



SAVE THESE DATES!

WHAT'S HAPPENING

DisCon 2024 - Golf Day

Pinnacle Point Estate

Apr 18, 2024 11:00 am

DisCon 2024 - Meet & Greet

Diaz Hotel and Resort

Apr 18, 2024 6:30 pm

District Assembly 2024

Diaz Hotel and Resort

Apr 19, 2024

8:30 am – 4:00 pm

DisCon 2024

Diaz Hotel and Resort

Apr 20, 2024

8:00 am – 5:00 pm

DisCon 2024 - DG's Gala Dinner

Diaz Hotel and Resort

Apr 20, 2024 7:30 pm

D9350 Food Garden Webinar

Apr 24, 2024

5:00 pm – 6:00 pm

Stellenbosch Rotary Club Golf Day

Stellenbosch Golf Club

Apr 25, 2024

8:00 am – 6:00 pm

D9350 Food Garden Webinar

Jun 26, 2024

5:00 pm – 6:00 pm



With Environmental Sustainability taking root within Rotary as the 7th Area of Focus, Rotary has designated April as the **Environment Month**.

Click the link below to see what Rotarians around the world are doing to improve the health of the planet. [ROTARY EARTH DAY](#)

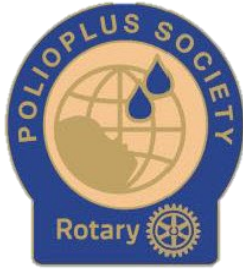
“He who plants a tree, plants a HOPE.”
- Lucy Larcom

I don't think anyone really
understands how tiring it is to act
okay and always be strong when in
reality you're close to the edge.

It's okay not to be okay



SNIPPETS



THE POLIO PLUS SOCIETY

You are invited to become a member of the Polio Plus Society.

A 10 year old child in Zimbabwe, has been confirmed to have the Polio virus. This is on our 'doorstep' and we invite you to assist us to help eradicate the world of Polio.

Join the Polio Plus Society by contributing an annual amount of \$100 till we have a Polio free World. *(you may make a monthly donation of a small amount or an annual payment of \$100).* For your \$100 contribution, you will become a member of The Polio Plus Society and will receive a certificate as well as a Polio Plus Pin.

Your name will appear on our District Database – please let us know should you already be a member so that our database can be updated.

As soon as you make a contribution to Polio Plus, please let me or Janey Ball know, so that we are able to acknowledge and thank you.

Helène +27 825749257 helene@erasteer.co.za
or Janey +27 823787800 janey@iafrica.com

Chat to us at DISCON 24 where you may sign up to become a member.

Strategies for attracting new members

(view on the learning centre)

Sadly, we have not reached our target of +1100 members. Clubs have until mid June to induct members.

Thank you to those clubs who have gone the extra mile and inducted more than THREE members.

We are losing more members through resignations.

Learn how to make your club more attractive and accessible by updating the experience you offer and showing people what your club does well. If you can do this, you'll be able to attract new members while having fun and thriving as a club.



Rotarians and giving

Most of us are happy to give our time and our skill to projects, but not as generous when it comes to donating to our International Funds – **The Rotary Foundation and Polio Fund.** **Did you know that:** over 80 percent of Rotary members make no contributions to PolioPlus, or that over 60 percent make no donation at all to The Rotary Foundation? For an organization of 1.4 million members, that means that nearly 1 million of us are not contributing each year.

Speak to Helene Visser at DISCON to learn more about the **proposed D9350 Polio Society.**

More cases of Polio have been confirmed in Angola with connections to DRC, Huambo and Nigeria.

Latest news from Pakistan – 2 new cases reported.

Please bring some spare cash to Conference for fun things to do/purchase in aid of Polio.



Rotary Youth Leadership Awards

(RYLA) is an intensive leadership experience led by Rotaractors and Rotary for potential school leaders where they develop their skills as a leader while having fun and making connections. Our RYLA camps are held in the Franschoek mountains at the Carmel camp twice a year.

Congratulations to Ethan and his team of Rotaractors for the great work they do, and to David, your passion for RYLA is much appreciated.

Convention dates

Start saving now to attend a Rotary International event.



- 2025 21-25 June – Calgary, Canada
- 2026 13-17 June – Taipei, Taiwan
- 2027 5-9 June – Honolulu, Hawaii
- 2028 3-7 June – Manila, Philippines
- 2029 26-30 May – Minneapolis, Minnesota
- 2030 25-29 May – Chicago, Illinois

A convention is the best place to build international relationships.

**WE MAKE A LIVING BY WHAT WE GET,
BUT WE MAKE A LIFE BY WHAT WE
GIVE. - Winston Churchill**



MATERNAL AND CHILD HEALTH

Dr Sylvia N. Cebekhulu, acting chairperson of the National Confidential Enquiries into Maternal Deaths wrote in one of the triennial Saving Mothers reports:

“The death of a woman during pregnancy, childbirth, or the puerperium (postnatal period) is one of the greatest possible tragedies. The right to life is everyone’s constitutional right and women also deserve such rights. Everyone has the right to have access to health care services, including sexual and reproductive health care.”

In my experience as the Maternal and Women’s Health coordinator, I come to realise that reproductive health services are the cornerstone of all-encompassing maternal and child health. It is not just the absence of disease or dysfunction, but also physical, emotional, mental, and social wellbeing in all aspects of sexuality and reproduction. Sexual Reproductive Health also includes the ability to determine if, when, and how often to have a child.

Unintended pregnancies have adverse health and socioeconomic consequences for women, girls, men, and boys.

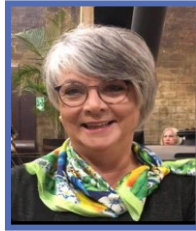
Sound maternal and child health outcomes are the backbone to build strong communities but sadly approximately 17% of the women who died during the 2021 – 2023 period, died from preventable causes related to pregnancy and childbirth.

Universal access to high-quality Family Planning services & information is therefore essential for wellbeing and a satisfying sexual life.

This includes being informed about, having access to and choice of safe, effective, affordable, and acceptable contraceptive methods, including safe termination of pregnancy.

The Western Cape Department of Health introduced the Adolescent and Youth Health Policy in 2017 through which they desire to empower young people who are healthy, stay safe, enjoy life and achieve, make a positive contribution and prosper.

As Rotarians we can play an essential role towards these goals by partnering with healthcare facilities in contributing towards getting the message across. Contact your nearest facility and enquire to their need.



By Sr. Jeanette Meiring
Maternal and Women’s
health coordinator.

Enhance Your Role With Public Image Courses



When you step into your new leadership role and start taking relevant courses in the Learning Center, make sure to explore the Public Image courses. These courses will help maximize your effectiveness by making Rotary’s public image a priority.

Through Rotary’s Public Image courses, you’ll learn:

- More about the concepts behind Rotary’s brand identity
- Ways to bridge the gap between public awareness and understanding of Rotary
- Strategies to promote your club initiatives and impact you make in the community

To access the Learning Center courses, you must be logged into your MyRotary account. On the Course Catalog page, select the Public Image card to browse the available courses.

“The only thing worse than being talked about is not being talked about.”

—Oscar Wilde (August 1940)



MARCH



Clean water, sanitation, and hygiene education are basic necessities for a healthy environment and a productive life.



Clean water is a basic need for human beings. When people, especially children, have access to clean water, they live healthier and more productive lives. However, at least 3,000 children die each day from diseases caused by unsafe water, which is what motivates our members to build wells, install rainwater harvesting systems, and teach community members how to maintain new infrastructure

This video shows how Rotary supports local solutions to bring clean water, sanitation, and hygiene to more people every day.

We don't just build wells and walk away. We share our expertise with community leaders and educators to make sure our projects succeed long-term.

[WATCH VIDEO](#)



Rotary



Doing Good In The World



Basic Education & Literacy



Maternal & Child Health



Peace & Conflict Prevention/Resolution



Disease Prevention & Treatment



Water, Sanitation & Hygiene



Community & Economic Development



Support the Environment

Snapshot

Have you considered starting a Cause based club?

Below is a snapshot of a few current active interest and cause-based Rotary Clubs

Club	District	Interest
Saturday E Jazz, Uganda	9213	Jazz music as a key feature of the fellowship, played before and after the meetings.
Seoul Sairee, Seoul, Korea, Republic of	3650	Musical lovers
Taipei Art, Taiwan	3521	Art
E-Club Film & Friends D2101, Italy	2101	Movies and documentaries
Seoul Culture & Art, Seoul, Korea, Republic of	3640	Most members composed of individuals majoring in various forms of art such as music, fine art, and visual arts.
Taipei Aesthetics, Taiwan	3521	Art and Aesthetics
Seoul KANS, Seoul, Korea, Republic of	3650	Professors group
District 2451 Deaf, Egypt	2495	Supporting hearing impaired people.
Queen Creek, Arizona, USA	5495	Youth and Teen Mental Health Awareness
E-Club of Bipolar. UK	1145	All members are affected by bipolar (people living with the condition, close family members or friends, or those with a keen interest in the cause).



Heart & Soul of D9350



District Governor's Monthly newsletter



ROTARY'S VISION STATEMENT

TOGETHER WE SEE A WORLD
WHERE **PEOPLE** UNITE AND TAKE
ACTION TO **CREATE** LASTING
CHANGE ACROSS THE GLOBE
IN OUR COMMUNITITES AND IN OURSELVES

TAKE ACTION: www.rotary9350.co.za