

# Heart & Soul of D9350

DG Newsletter September 2023  
Edition 3

District Governor's Monthly newsletter



## Message from DG Ann Wright



Dear Members

September has been very interesting, exciting and a bit scary for some.

Sometimes it takes a natural disaster to reveal a social disaster.

Many regions recently experienced severe weather conditions with reports of widespread flood damage and road closures. My thoughts are with all Rotarians and communities who suffered, or who lost their homes.

Does your club have a disaster management plan and a budget? We are so often asked to help in our towns, our districts or to assist districts in other countries. Perhaps this is an agenda item for your next club meeting? Climate change can no longer be viewed as fake news.

PDG Tracey Wilson, PDG Lee-Ann Shearing, DGE Stephen Young, and myself attended the 5<sup>th</sup> All Africa Zone Institute in Lusaka this month. We connected with senior leaders in Zone 22 and had many meaningful conversations about all things Rotary.

I was privileged to be part of all the Governors in Zone 22 who signed an historic first ever commitment to the Protocol ICC – Africa, in Lusaka on 9 September 2023. It was co-signed by senior leaders and our RI President, Gordon McInally.

### Membership

Membership is vital to Rotary's existence and therefore a most important concern to our District Leadership Team. District 9350 does not want to be redistricted and absorbed into another district. **Can we aim for 200 new members this year please?**

Rotary is more dynamic and relevant than ever before; there are more opportunities for personal growth, networking, meeting like-minded people and making a significant contribution to the upliftment of communities in need.

### Membership tips:

- Have regular membership satisfaction feedback sessions.
- Act on the suggested changes, even if it's one change at a time.
- Be a caring, welcoming club to every member and visitor.

### Club visits

This month I visited Atlantis, Cape Town, Langebaan, Knysna, Beaufort West and Oudtshoorn.

I am inspired by the new members I have met. They are young and young at heart, enthusiastic and ready to take on the challenges communities are facing.

I loved the energy and enthusiasm which greeted me at every club meeting and I'm fascinated by the way in which each club addresses projects differently, each making a significant impact.

Thank you to my fabulous AGs Frederik, Pam and Suné who made sure that my visits went smoothly and to Presidents Mary Ann, Barbara, Jolene, Herb, Marcel and Leon for your wonderful hospitality. You and your members make all the kilometres and travel hours away from home worth it.

**Thank you.**

### Projects

Thank you to all the clubs who are tackling **Basic Education and Literacy**. Is anyone working on a project that assists children with learning difficulties? I'd love to hear what you are doing.

**Mental health:** Is your club working towards improving access to mental health services with access to preventative care and treatment? Please let me know if you are planning an awareness campaign, or a project for the young/elderly, doing something for your members, improving a facility such as a psychiatric hospital. The scope is wide. Consider a Global Grant. There is plenty of money available.

### A Chinese proverb

Depression doesn't take away your talents – it just makes them harder to find.

### RYLA Camp

Due to the weather conditions in Franschhoek it was difficult to leave the campsite on Monday. Once again, the need for members, especially Club officers, to load their contact details on to the database was highlighted as we were unable to connect with some clubs with regards to travel arrangements. Please read PDG David's account of the events that unfolded. My sincere thanks to all who were involved in ensuring the safety of all learners throughout their stay and departure.

Next month the Rotary theme is: **Community Economic and Development Month**. Are you working with entrepreneurs? Please let me know.

Keep warm, safe and Bless you for the good you are doing.

*Ann*

**Peace is not when everyone agrees.  
It is when we respect our disagreements  
and still play in the sandbox together.**

*If I had asked people what they wanted,  
they would have said faster horses.*

**Henry Ford**

TOGETHER, WE

CONNECT

Rotary  PEOPLE IN ACTION

TAKE ACTION: [www.rotary9350.co.za](http://www.rotary9350.co.za)



## NEWSLETTER HIGHLIGHTS

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2. Rotary Africa magazine
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8. Angola Immunisation Drive
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14. Angola Celebratory Dinner
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### IMPORTANT NOTICE

## ROTARY AFRICA Magazine

By Sharon Robertson

Recently we have been hit with excessive increases in the cost of paper, posting and printing.

Our Directors have therefore approved an increase in the printed magazine subscriptions from the 1<sup>st</sup> January 2024 as follows:

**Printed magazines (local)** R245.00 per member per 6 months

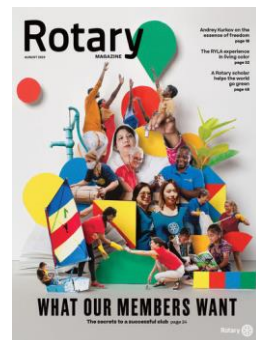
**Printed magazines (foreign)** R300.00 per member per 6 months

The good news is that the **digital magazine** (local and foreign), will remain the same: R135.00 per member per 6 months.

Letters will be sent out to all Rotarians in the districts we serve, encouraging the move to digital for those still subscribing to the printed magazine. With the SA Post Office situation, the digital magazine is really the best option.

Did you  
Know?

July 2017 marked the 90th  
anniversary of Rotary Africa.



The magazine, established in 1927, has undergone two name changes and expanded its distribution to include English-speaking Africa. Rotary Africa is published by Rotary In Africa a registered public benefit organisation.

Rotary Africa is one of the more than 30 regional magazines (licensed by Rotary International) which communicate with Rotarians as part of the Rotary World Magazine Press.

More than half of Rotarians worldwide receive a regional magazine. These publications are distributed in more than 130 countries, published in 24 languages and have a combined circulation of 872 000.

Each magazine has a regional point of view but also includes articles and photographs of international interest from Rotary International.

SAVE THESE DATES!



BOOK NOW

## District Mini Conference 14 & 15 October 2023



**HOSTED BY:**  
Riebeek Valley Rotary

**VENUE & ACCOMMODATION:**  
Goedgedacht Olive Farm

**CONFERENCE PACKAGE:**  
R500.00 pp includes, all meals, refreshments and activities.

**WHY ATTEND:**  
Recharge your body, mind and soul

**WHAT'S ON OFFER:**  
Inspiring speakers, a walking pilgrimage on the farm, time to reflect, yoga, art, dance options, fun and the opportunity to meet your extended Rotary family. A wide range of **Rotary memorabilia** is available to purchase throughout the day. Bring your pocket change!...

### ACCOMMODATION:

-Goedgedacht Farm \*\*: R700 pp + R100 for extra person sharing per night B&B  
\*\*Unfortunately, not every-one can be accommodated at GOEDGEDACHT.  
- Riebeek Valley Accommodation: A wide variety of options available in the Riebeek Valley. (Booking.com)

**DEADLINE FOR BOOKING:**  
6 October 2023

**FOR MORE INFORMATION:**  
[www.riebeekvalleyrotary.co.za](http://www.riebeekvalleyrotary.co.za)

### Payments to be made to:

Account Name: Rotary Club of Riebeek Valley  
Bank: Standard Bank  
Branch: Malmesbury  
Branch: 051001  
Acc No: 10163686074  
Reference: Mini Conference – your name  
Contact for accommodation: Kitty Snyman (082 9277 459)  
Contact for conference information: Desiree Whiting (072 441 3455)

## WHAT'S HAPPENING

### Exciting news for YOU!

- 2x 2hour virtual **Club Visioning** programme for clubs
- 1x per week for 12 weeks x 90min **Rotary Leadership Institute** course for members

PDG Lee- Ann Shearing will present an introduction to the two items via a webinar on **Wednesday 25 October @ 18.00 – 18.45**

She will explain the curriculum, the length and commitment required and why you and your club will benefit. Both these courses will change your life.

For link please email: [davidho@yebo.co.za](mailto:davidho@yebo.co.za)

### New Member Orientation workshop

**Have fun while learning more about what it means to be a Rotarian**

Who should attend? Members who joined between 2020 and 2023.

**In person** Saturday 28 October 9.30 – 12.30 venue tbc (costs: coffee & snack)

**Virtual** Saturday 4 November 9am – 12 zoom link

To register: email: [davidho@yebo.co.za](mailto:davidho@yebo.co.za)

### Register Now for THE ROTARY CLUB OF WYNBERG'S ANNUAL QUIZ NIGHT.

The Quiz Night is an annual fund raiser of the Rotary Club of Wynberg and is used to support various projects, including NSRI Station 16, St. Michael's Child and Youth Care Centre, and the Sexual

Offenses Court Wynberg. The annual Rotary Wynberg Quiz Night is being held at Timour Hall Villa on Friday 17 November at 18:00.

**Registration closes 10 November;** register and pay before 31 October 2023 and stand a chance to win a round of drinks for your team: (a beer, glass of wine, or a cooldrink each).

Cost per player R100pp maximum 8 players per team. Food and drink will be available on sale.

For more information email [rotaryquizct@gmail.com](mailto:rotaryquizct@gmail.com)

Register your team via the Google Form link below.

[REGISTER HERE](#)

WYNBERGROTARY.ORG.ZA

Rotary  
Club of Wynberg

**ROTARY QUIZ NIGHT**

FUNDS RAISED IN AID OF NSRI STATION 16

FRIDAY 17 NOVEMBER  
2023  
TIMOUR HALL VILLA, ST  
JOANS ROAD  
AT 6:00PM

R100 PER PERSON  
TEAMS OF 4 - 8  
RSVP BY 10 NOVEMBER 2023  
ROTARYQUIZCT@GMAIL.COM

 facebook.com/rotaryquizct

Rotary  
Beaufort West Club

**4X4 ECO  
ROUTE WEEKEND**

HOSTED BY ROTARY & HONORARY RANGERS

**10-11 NOVEMBER**

**COSTS & INFO**

Come explore and enjoy exclusive routes in the Karoo National Park!

**ACCOMMODATION:** Fri & Sat at Mountain View in the Park (camp/rondavels). Limited availability. Guests are welcome to arrange alternative accommodation.

**REGISTRATION & ROUTE:** Sat. between 08:00 - 09:00 at Grantham Environmental Education Centre's gate. All vehicles will meet at this point from where they will leave on the 4x4 and 2x4 routes. Enjoy lunch (self-catering) at the Old Mill. Overnights will leave for Mountain View from Grantham at around 15:30.

**COSTS:** Mountain View accommodation @ R300 p.p.p.n.  
Route @ R500 per vehicle.  
Dinner will be provided on both evenings.

**TO ENTER, CONTACT**  
Pieter (082 783 1425), Neels (083 301 6934) or Flippie (083 504 4496)  
ENTRIES CLOSE ON 21 OCTOBER



## DG CLUB VISITS

### RC BEAUFORT WEST



Special dinner by candle light during power outage.



AG Suné Ruppung , President Marcel de Necker and DG Ann.



RCBW supports the popular children's playground in the town.

### RC OUDTSHOORN



A special dinner was arranged for the DG's visit. The members make beautiful teddies. Last year 1000 teddies were given to children in their communities.



The Club meets at the Men's Club in town.



Oudtshoorn supports a creche in an impoverished area in Volmoed.



## DG CLUB VISITS

### RC CAPE TOWN



DG Ann with Pres Barbara, AG Pam, PP Stephen.



RC Cape Town meets at Royal Cape Yacht Club.

### RC ATLANTIS



With the Atlantis Rotaracters.



RCA helped establish this reading nook at a local recreation centre. AG Frederick, Pres Mary Ann and PP Danny.



AG Frederick, Pres Mary Ann and DG Ann.



## How do you see HOPE?



Abri Ferreira  
RC Oudtshoorn

Ek sal graag 'n nagskuiling vir haweloses wil bou in Oudtshoorn.

Die behoefte is groot, dit sal beslis help om die strate se veiligheid te verbeter en die geleentheid skep vir opheffingswerk.

Sal ook beslis help om menswaardigheid te gee, en hoop aan hulle te verskaf.

Om GROOT dinge te bereik, moet ons nie net DOEN nie, maar ook DROOM, nie net beplan nie, maar ook GLO.



## DG CLUB VISITS

### RC LANGEBAAN



RC Langebaan inducted Hein Crocker and Bea Nelson. Marlene Crocker looks on. Well done!



The passionate and sparkling Langebaan members.

### RC KNYSNA



President of Interact, Athabongile Kostayi, DG Ann and President Herb Hunter at Percy Mdala Secondary School where the children and staff held an anti bullying campaign event.



The Club meets at the Yacht Club at lunchtime.



The Club supports many ECD schools in the townships. The Learning Tree school is a true centre of HOPE for the children.



The forest was partially cleared allowing the children to have exciting adventures.



## CLUB NEWS

### RC HOUT BAY Family Health Day

One of the highlights in the month of September was the annual Hout Bay Family Health Day on Saturday 16 September 2023.

This event sees several medical organisations providing free medical services to the community, supported by the Rotary Club of Hout Bay and the Rotaract Club of Hout Bay.

There were about 250 staff volunteers, ranging from student practitioners (doctors, occupational therapists, physiotherapists, speech therapists, audiologists, dietitians, & dentists) to qualified gynecologists, doctors, pediatricians, pharmacists as well as nurses. Hout Bay SHAWCO community health workers were also present.

The unfavorable weather conditions did affect attendance but nonetheless, approx. 250 Patients received free medical care and assistance. Considering that every patient on average visited 3-4 medical stations, close to 1000 free treatments were administered. The dispensary gave out free medication and handed out prescriptions where necessary.



### RC TYGERBERG Rotary Grants



Tygerberg has embraced this month's theme, **Education and Literacy**, with the following two projects.

1. We used our District Grant to provide 11 tablets to Attie van Wyk Primary School. These will be used in G3 to strengthen literacy and numeracy skills, and we will be monitoring results to see the effectiveness.
2. We launched our Global Grant project to provide tablets to GR-G3 in eight local underprivileged schools. Attie van Wyk is being treated as a pilot for us to see the results achieved to add to our motivation for the Grant. Partners from our District will be welcome since the project is an ambitious R3,5m. We're currently looking for our first international sponsor, with assistance from Helene Visser and PDG Carl-Heinz Duisberg.

### RC WATERFRONT

#### “Entrepreneurs Course”

During an interactive session on September 20th, 2023, Paulo da Santos, the founder of iEducat South Africa, shared his expertise with a group of Salesian learners enrolled in an entrepreneurship course.

The discussion began by exploring the reasons why most SMEs struggle to succeed and eventually close. The learners were enthusiastic and engaged in the conversation, expressing a desire to learn practical strategies for implementing their business ideas and Idea creating a profitable organization.



The session emphasized the importance of research, including understanding one's product and market, as well as proper costing and accounting practices. The learners were introduced to free online tools that could improve their ventures and encouraged to move away from outdated methods of manual bookkeeping and costings.



## The 5<sup>th</sup> All Africa Institute – Lusaka, Zambia



Several of the Zone 22 leaders, with RIP Gordon and Heather McNally



DGE Stephen, his wife, Jackie, DG Ann, DG Riana D9400, PDG Tracey and DG Jacques D9370

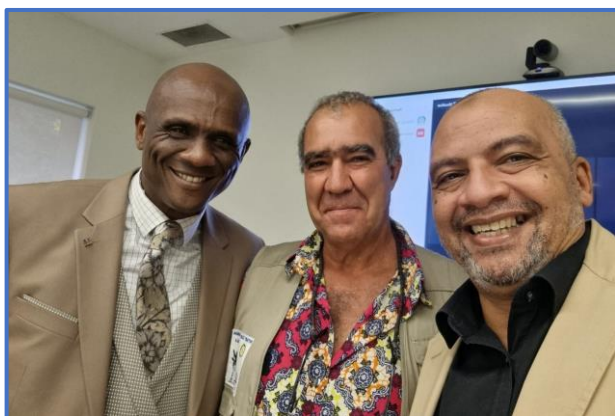


Signing of the Protocol ICC – Africa. It was co-signed by senior leaders and our RI President, Gordon McNally.

## Angola Immunization Drive



Rotarian administering polio drop



Dr Khalid, the Coordinator of WHO/UNICEF for this region in Africa for **POLIO** and Dr Jean Marie of WHO office, in Luanda



**WORLD  
POLIO DAY**  
24 OCTOBER

Is your Club planning an event on the day?

Showcase your story on Rotary District 9350 Clubrunner.

Want to donate?

<https://www.endpolio.org/donate>







ROTARY  
YOUTH  
LEADERSHIP  
AWARDS

**Rotary Youth Leadership Awards (RYLA) is an intensive leadership experience organized by Rotary clubs and Districts where you develop your skills as a leader while having fun and making connections.**

## RYLA Franschhoek COPING WITH A DISASTER

By PDG David Holtzhausen

**Picture the scene** – A RYLA camp in the mountains with 60 learners – when the mother of all storms hits the area. No cell phone reception in the area – we could only get signal by driving 2km up to the top of the mountain!

### How did we deal with it?

Once we realized the pass was closed (road had collapsed on one side, and mudslides on the other), we knew we had a problem.

#### Our facilitator team sprang into action.

- we phoned all the leaders' parents to advise them of the situation, and not to try and come through.
- we notified club contacts as well.
- we phoned every contact number we had for collection of learners to also advise them to not try to come through.
- we set up a WhatsApp group with all parents to keep them updated.
- we contacted disaster management to alert them we were stuck at camp. As they had bigger problems to deal with, they confirmed we were safe and said they will be in touch later.
- we contacted the local municipality (Theewaterskloof) to confirm which roads were still open.
- we advised the learners and waited.

Around midday, once the rain had pretty much stopped, we checked the road. Mudslides were bad but accessible via 4x4.

One parent made it to camp around 1pm, and confirmed the rest of the road was passable – so our team jumped into vehicles and cleared a path through the worst mudslide. The family of the leader worked with us.

Once we knew vehicles could get to us, we sent a message to the group to tell them the pass was accessible (huge debris on the roads still) and that they could access via Worcester (according to the control centre). We also cleared a smaller mudslide that was a problem for normal cars.

By 6pm more than half the learners were on their way but a number were not coming through as they got conflicting information. SAPS were a problem as they told people not to attempt to access the camp and we never heard from or spoke to them!



On Tuesday morning we worked with the remaining learners. Parents went through a lot to get to camp. One drove his 4x4 over the damaged road to collect his daughter, and various people sneaked through roads that were officially closed!

By 11am we had 6 learners still to be collected, but we packed up and took everyone down to Villiersdorp to meet them. Unfortunately, the town was without power so reception was limited, but 5 learners were collected and 1 travelled back with us. Delays on the road (a huge mudslide had closed the R43 after a truck got stuck) meant that the journey back was five and a half hours!

24 hours later than planned – everyone was safely back in Cape Town!



### Lessons learned:

We need contact numbers! Too many clubs failed to supply details of who was collecting learners. We need to actively respond to anticipated conditions if something like this is identified again.



## Relief Fund



### Disaster Relief Funds By Peter Hugo

The District does not have a Project reserve and we don't budget for a Disaster Fund.

The Clubs in an area are the best vehicle to respond to disasters, but they can't expect financial support from the District.

Regarding the Disaster Grants the Club should initiate it. We have the expertise to assist them to make applications. During the Covid disaster we had three Clubs that were successful in getting Disaster Grants.

The appeal for assistance for Morocco. There are issues with the Reserve Bank and there is so much red tape. Instead, clubs should rather contribute to the Rotary International Fund which is on the RI website. It's much easier and you know that it will be well controlled.

#### **We should try to help all citizens in times of disaster.**

We are well informed about disasters locally in the Western Cape, but not so well informed about any in the rural areas, Namibia and Angola. We rely on clubs to initiate requests for assistance from our other clubs or our neighbouring districts.



## TELL YOUR STORY



### PUBLIC IMAGE

**Is your website up to date?  
Is the branding correct?**

You don't need to spend thousands on creating a club website.

#### **The essentials are:**

**Who you are**

**What you do**

**Where?**

**When you meet and a reliable contact via a cellphone or an email address** (and make sure the contact person responds to any queries timeously).

Correct and compliant branding is essential as it identifies your club as being part of the International organisation that is Rotary.

Potential members need to see photos of club members in action doing something which showcases what your club does. Appealing photos attract attention and interest.

If you choose to have photos of your club Officers please ensure this is updated annually.



**Have you thought of lobbying your local hotels to remove single-use packaging for hygiene products?**

**The World Health Organisation estimates that poor air quality leads to more than four million premature deaths around the world every year.**

**Renovations can be exciting, but they can generate a huge amount of waste. When tackling projects do you aim to reduce waste, refurbish and recycle?**

## Environment





OCTOBER

Rotary



## ECONOMIC AND COMMUNITY DEVELOPMENT



**"We carry out service projects that enhance economic and community development and create opportunities for decent and productive work for young and old. We also strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities."**

Visit [ROTARY.ORG](https://www.rotary.org) for more information.

## ANGOLAN CELEBRATORY DINNER



A celebratory dinner was held in Luanda to commemorate the founding of Rotary in Angola on 23 September 1955.

Members from Luanda and Luanda Sul attended the event.







# Heart & Soul of D9350



District Governor's Monthly newsletter



## ROTARY'S VISION STATEMENT

**TOGETHER** WE SEE A WORLD  
WHERE **PEOPLE** UNITE AND TAKE  
ACTION TO **CREATE** LASTING  
**CHANGE** ACROSS THE GLOBE  
IN OUR COMMUNITITES AND IN OURSELVES

**TAKE ACTION:** [www.rotary9350.co.za](http://www.rotary9350.co.za)